Methodist Homes (MHA)

## MHA Sunday 14th June 2020

On 14th June, MHA Sunday will be taking place; our theme for this year is ‘kindness’ linking into the theme of Bible Month, the book of Ruth. Ruth shows kindness to her older mother-in-law Naomi, and in turn Ruth and Naomi are blessed.

**Ruth 1:16** “*Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God.”*

Together with a full order of service and sermon, there is a video highlighting our very own ‘Ruth’ and ‘Naomi’ and how they received and demonstrated acts of kindness. Erika volunteered with MHA after experiencing her own loneliness and feels blessed by seeing how, giving her time to others brings so much joy to them, and Ruth, one of our residents feels so blessed from the care that she has received and shares about how MHA has encouraged her in her faith.

Orders of service and other worship resources can be downloaded from our website. [www.mha.org.uk/mhasunday](http://www.mha.org.uk/mhasunday)

Events

Ride MHA 12th – 16th June 2020

One of the exciting events we have happening is RideMHA, it’s not for the faint hearted! Ride MHA has been timed to coincide with MHA Sunday, to support local and national publicity efforts to bring MHA together as one MHA, linking it with our Methodist roots.

Team MHA are going to ride over 75 miles a day from the 12th – 16th June from Surrey to Leeds, so in total over 375 miles to raise money for MHA! News on MHA Sunday is available on our website. <https://www.mha.org.uk/get-/mha-sunday> Our CEO Sam, is also joining in on the expedition.

“*As CEO of MHA, I’m doing this ride not only to support, grow and develop our range of life enhancing services, but also because the ride is a way of telling the story of MHA and our ambitions for the future. The route will take us from our origins to the present, including joining a local Methodist church on MHA Sunday. We will also visit the full range of work we do, reflecting that we’re one MHA, working together to enable people to live later life well.”*

This is to celebrate everything that we have done as a charity and to enable people to live later life well,with the support of our wonderful churches and fundraising community. News on MHA Sunday is available on our website. https://www.mha.org.uk/get-/mha-sunday

## New Structure in 2020

Within the fundraising element of MHA, we have created a new structure. There are four regional fundraisers and a Faith Relationships Fundraiser, to support Methodist Church supporters for the rest of the country. Director of Chaplaincy and Spirituality Reverend Dr Chris Swift reflects:

 “*As you may know, in July, MHA and the Methodist church signed a new ‘expression of commitment’ which forms the basis for common goasl to help people live later life well. In particular, this relates to Methodism’s mission described in ‘our calling.’ Together we will continue to serve older people in body, mind and spirit; provide worship throughout our homes and schemes; and support learning and growth in faith. As an outstanding provider of care, MHA is a living sign of the churches commitment to people in every stage of life, and a continuing reminder of Methodism’s outreach and mission. The arrangements in our new fundraising structure will ensure that MHA remains in close contact with districts and circuits across the UK. We continue to be grateful for all that members of the Methodist church do in order for MHA to fulfil its commitment to keep faith with later life.”*

## Impact report 2020

Our Annual Review is published in the autumn of each year and gives details of all our work and a brief overview of how we are funded from the previous financial year. This year’s details how, with help from our supporters, we have grown the work of our Live at Home schemes, chaplains and music therapy and introduces our new strategy. The report can be downloaded from MHA’s website.

MHA Strategic Review

In 2019 our CEO Sam Monaghan, had looked at ways in which MHA could come together as one, rather than being interlinked. The vision is to connect all communities by 2024, increasing the reach, impact and quality of care for the people supported by MHA, whilst integrating the core values of MHA; the other objectives are:

* **To be innovative in our efforts to enhance later life**
* **To have efficient and effective processes**
* **To be inclusive and proactive**

## Chaplaincy Update 2019-2020

Hundreds of people have experienced our ‘Worship Engagement in Later Life’ (WELL) training events that took place across the country. The training provided an insight in to those living with dementia, and explored how being part of a church and participating in worship could be a positive and fulfilling experience for them. The training session is designed to meet the needs of different churches, retirement settings and other places of worship.

# Improving Quality

The leading care home reviews site, carehome.uk, has announced that MHA has been named one of the top 20 care home providers, along with 19 of its homes receiving regional awards. MHA has also been celebrated by Lancashire County Council as ‘outstanding’ care services in the county. MHA supports more than 7,500 older people across 88 care homes and 70 retirement living schemes. 88 percent inspected by the CQC are rated as ‘good’ or ‘outstanding.’

## A BIG thankyou to YOU!

We are overwhelmed by the support that MHA receives from our wonderful friends within the Methodist Church, and thank you for sharing the same mission, vision and values.

Jennifer Day

Supporter Relations Assistant